

Flaons de Morella

SWEETS

Morella flaons are a traditional sweet treat that you will simply love. Now you can make them at home!



Serves 4



Approximately 2 hours

INGREDIENTS

- For the dough:
- 1/2 litre olive oil
- 1/2 litre high oleic oil
- 1/2 litre brandy
- 350 g sugar
- Enough plain flour to prevent the dough from becoming too soft or too hard
- For the filling:
- 1 kg fresh ricotta cheese
- 400 g almonds
- 200 g sugar
- 200 g honey
- 8 egg yolks



STEP BY STEP

- 1. Mix the dough ingredients together and knead the **ensuing mix** until it is a smooth, uniform dough. Roll it out flat and cut it into roughly equal parts.
- 2. For the filling, mix the ricotta with the almonds, sugar, honey and egg yolks.
- 3. Round and flatten each piece of dough **to form a disc**, onto which place just enough filling to allow it to be sealed.
- 4. To seal the pastries, take one edge of the dough circle, fold it over the filling and seal the top and bottom edges. You can form a decorative cord pattern around the border.
- 5. Once you have sealed all the pieces, place them on the baking tray and sprinkle with sugar and a little cinnamon.
- 6. Bake at 185-190 °C for about 30-35 minutes and leave to cool.